



For Immediate Release:

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**“30 Days Dry,” first poetry collection by Robert Eric Shoemaker
published by Thought Collection Publishing as first
in a series of “30 Days...” publications**

www.thoughtnotebook.org/30-days.html

www.reshoemaker.com

www.susannewawra.com

- “30 Days Dry” set for 4th quarter 2015 release
- First poetry collection published for Robert Eric Shoemaker, theatre artist and writer
- Illustrated by Susanne Wawra, international visual artist
- To be added to the press list for “30 Days Dry,” or to schedule a book review, email Eric at eric@reshoemaker.com

- Join the publisher’s contact list to stay informed about the official date of release or how to request or purchase a copy of 30 DAYS DRY at eepurl.com/CuL35.

Chicago, IL, 7.9.2015 – THOUGHT COLLECTION PUBLISHING is proud to announce the publication of 30 DAYS DRY, first poetry collection by ROBERT ERIC SHOEMAKER. The book will be released later this year, accompanied by events and signings associated with its release. 30 DAYS DRY features poetry on the theme of self-betterment and de-contamination of the body and mind. Shoemaker composed the book of 30 poems over the course of one month, while trying to exercise, eat and drink healthily, avoid alcohol, and write. 30 DAYS DRY will be illustrated by international artist SUSANNE WAWRA, resident of Ireland. Visit [Thought Collection Publishing](http://ThoughtCollectionPublishing) or reshoemaker.com for more information.

Members of the press are encouraged to contact Eric to schedule a review or interview, via email at eric@reshoemaker.com, or phone at 270.577.7782.

“Self-help guides are a dime a dozen, but are rarely, if ever, for our minority: I mean for the self-proclaimed “artists” and “poets”. But why not? Don’t we need advice too? And why not give it in the form most susceptible to our attention- poetry?”

With humor and pathos, Robert Eric Shoemaker’s first collection “30 Days Dry” delves deeply into many a writer’s darkest haven, a rift filled with addictions of harmful and placid varieties. Over the course of a month, the writer’s attempts to remain sober and clean of all contaminants demonstrate an on-going internal battle, studded with triumphs and failures, moments of insight and moments of pain. Shoemaker’s language brims with the electrical quality of one on the edge, living as best one can under societal and artistic pressures, as well as personal demons. With an understanding that “There’s a rhythm; It comes in waves consistent, yet shrinking,” Shoemaker’s story and poetic voice are empathetic to the plight of multitudes. Sparkling with hope dipped in chaos, “30 Days Dry” proclaims with gusto the possibility of a future free of abuse.

MORE ABOUT THE ARTISTS:

ROBERT ERIC SHOEMAKER (Poet) is a Chicago based poet-playwright, director, and arts journalist. Eric's poetry has been published with Rollick Magazine, The Chicago After Dark Anthology, and in his book 30 DAYS DRY with Thought Collection publishing. Eric's plays have been seen at Gorilla Tango Theatre, City Lit Theatre, American Theater Company, 3 Brothers Theatre, Mary-Arrchie Theatre Company, and others. He was awarded the 2014 Olga and Paul Menn Foundation Prize for Best Play for his musical PLATH/HUGHES, as well as a 2015 DCASE Individual Artist Program grant from the City of Chicago for his project "LORCA IN AMERICA". Eric's production of PLATH/HUGHES at Gorilla Tango Theatre was lauded by critics for its lyrical originality, immersive quality, and historical accuracy. Upcoming productions include his new adaptation of MRS. BERNARDA ALBA with Poetry Is. Productions at Redtwist Theatre. In addition to making theatre, Eric is an arts journalist published in Newcity, Evanston Now, Fra Noi, and the Pulitzer Center on Crisis Reporting. Eric is a graduate with honors from the University of Chicago, where he was Artistic Director of the Classical Entertainment Society. Follow his work at www.reshoemaker.com.

SUSANNE WAWRA is a German visual artist and poet based in Dublin, Ireland. Susanne holds a MA in English and Communication & Media from the University of Leipzig, Germany. After an exploration of work life in an international big name company, she decided to swap a secure career for life as an artist. The human condition is a recurring theme in her work. Particularly, she explores identity and Weltschmerz through painting, collage and video. Her work has been exhibited in Ireland and the UK, Germany, Italy and the United States. Even though English is not her mother tongue, it is her preferred medium for poetry. Her first collection "Schizo-Poetry - Fragments of Mind" with co-writer Kevin Nolan was published in May 2015. Recent journal publications include Galway Review, Weyfarers, Valve Journal and Boyne Berries. More info at www.susannewawra.com.

MORE ABOUT THOUGHT COLLECTION PUBLISHING:

Thought Collection Publishing is an indie publisher supporting social change through our narrative nonfiction publications. We partner with literary and visual artists to produce

collections of stories and art that expand life perspectives. We work with artists who have an open mind to the world's diversity and want to learn, grow, and share their talents with others by contributing in our upcoming and current projects.

We challenge authors to write consecutively for 30 days on a specific area of study or expertise for one of our projects. The book series will be available in digital and print with our first set of writers who took up the challenge later this year.

KAT LAHR is Founder and Creative Director for Thought Collection Publishing. She enjoys collaborating with other literary and visual artists to collectively bring wisdom, creativity, and social change to the world. Kat currently holds an MBA, is an Adjunct Professor, Researcher, Mom, and Wife.

www.thoughtcollection.org

We promote the practice of thinking.

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